



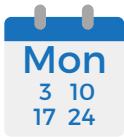
Follow us on [Facebook](#) and read our [monthly newsletter](#) for more information.

- Settlement Information Sessions and Drop-in Support
- Parenting and School Information Sessions and Events
- Community Connections Activities and Events



Bow Valley Let's Move It

Sundays | 4:30pm-5:30pm | Banff Elementary School
<https://www.surveymonkey.com/r/BVLMIApr>



Canmore Drop-in Settlement Support for PRs, Refugees, and Ukrainians

Mondays | 10:00am-12:00pm & 1:00pm-2:00pm | FCSS Office in the Canmore Civic Centre
No appointment needed | No registration required



Banff Drop-in Settlement Support for PRs, Refugees, and Ukrainians

Wednesdays | 10:00am-12:00pm & 1:00pm-2:00pm | Banff Town Hall
No appointment needed | No registration required



Try Cross Country Skiing

Monday | 12:15pm-2:30pm | Canmore Nordic Centre
<https://www.surveymonkey.com/r/TryXCskiAPR2023>



Stretch for Life: Preventing injuries at Work - with Kiley Torti

Tuesday, Apr 4 | 5:30pm-6:30pm | Catharine Robb Whyte Building
<https://www.surveymonkey.com/r/StretchforlifeApr2023>



Financial Education: Who can you really Trust?

Thursday, Apr 6 | 5:30pm-7:00pm | Zoom Online
<https://www.surveymonkey.com/r/FinancialeduApr2023>



Schooling in Canada

Tuesday, Apr 11 | 1:30pm-3:00pm | Zoom Online
<https://www.surveymonkey.com/r/2023SchoolinCAN>

Coming up in May...



Bow Valley Let's Move it

Sundays | 4:30pm-5:30pm | Banff Elementary School
<https://www.surveymonkey.com/r/BVLMISpring23>



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April is planning month for Settlement Services!

We appreciate your valuable feedback. Your survey responses help us make sure our services are meeting your needs.

Please complete the survey that applies to you:

Clients

Employers & Agencies

Schools

You can always connect with us about any of the topics listed below.

Why **CONNECT** with Settlement Services?

Family Coming to Canada


Community Programs


Housing


PR Card


Interpretation


Kids in School


Money


Taxes


Health Care


English


Citizenship


Adult Learning


Career


Laws
